

Loftus Dolphins Mission Statement



The Aim of the Club

Loftus Dolphins Swimming Club aims to provide a safe environment for the coaching and development of swimming and to provide the opportunity and encouragement to all of its members to reach their full potential, within the sport of swimming, for both competition and fitness.

The Vision

Loftus Dolphins Swimming Club takes great pride in promoting the sport of swimming. To accomplish this we provide well structured sessions for all its members. Loftus Dolphins Swimming Club takes swimmers from the Swim England Learn to Swim Pathway, giving them the opportunity to progress into our competitive training programme.

Our Values

We believe that there are many benefits to participating in organised sport. Success can be measured in many ways. Not every swimmer can win medals, but they can grow as athletes and people, gaining the satisfying feeling of success in the form of:

- Striving to improve performance. We place great importance on Personal Best Times.
- Regular attendance at sessions and hard work.
- Representing your club in competitions at local, county, regional and national levels
- Being a good club member, enjoying the feeling of belonging to a strong and successful team.

The more obvious benefits to be gained from participating in our training programme are:

- Physical fitness and a feeling of well-being.
- Personal confidence builds as a young person grows within the club.
- A sense of discipline and positive attitude which will carry over into other aspects of life.
- Social benefits to be gained from meeting with people from different backgrounds.
- The ability to deal with both success and failure.

Motivation must come from within yourself. Whether or not you become a champion depends in part upon your ability and attitude to the opportunities which Loftus Dolphins provide. In the end, all swimmers are responsible for their own level of achievement.